

Impact Basketball Club

Player Code of Conduct

At Impact Basketball Club, we believe basketball is an opportunity to develop not only athletic skills, but also character, leadership, discipline, and respect. Every player is expected to represent themselves, their family, their teammates, and the club with integrity both on and off the court.

Respect Everyone

- Treat coaches, teammates, opponents, officials, parents, and spectators with respect.
- Use appropriate language at all times.
- Show good sportsmanship whether winning or losing.
- Accept coaching and constructive feedback respectfully.

Be a Great Teammate

- Encourage and support teammates.
- Celebrate team success and individual achievements positively.
- Include all teammates and help create a welcoming environment.
- Avoid gossip, drama, bullying, or negative behavior toward others.

Demonstrate Effort and Commitment

- Arrive on time and prepared for practices, games, and team events.
- Give my best effort during all team activities.
- Communicate with coaches regarding absences or scheduling conflicts.
- Work hard to improve my skills, attitude, and knowledge of the game.

Maintain Self-Control

- Demonstrate good behavior on and off the court.
- Never argue with referees, opponents, coaches, or teammates.
- Control emotions during games and practices.
- Accept both victories and defeats with maturity and respect.

Let Coaches Coach

- Follow instructions from coaches.
- Respect team decisions regarding playing time, positions, and game strategy.
- Maintain a positive attitude even when faced with challenges or disappointment.

Protect the Team Environment

- Refrain from bullying, harassment, intimidation, or exclusion of others.
- Avoid negative social media posts, comments, or messages involving teammates, coaches, officials, opponents, or the club.
- Help create a positive team culture built on trust and respect.

Care for Facilities and Equipment

- Respect all gyms, facilities, locker rooms, and equipment.
- Clean up after practices, games, and tournaments.
- Report damaged equipment or unsafe conditions to a coach.

Represent Impact Basketball Club with Pride

- Conduct myself appropriately at practices, games, tournaments, hotels, restaurants, and community events.
 - Understand that my actions reflect on my teammates, coaches, family, and the club.
 - Players are expected to support all Impact Basketball Club teams and athletes, regardless of age group or skill level.
- We are one club and one basketball family.

Prohibited Conduct

- Bullying or harassment
- Fighting or threatening behavior
- Disrespect toward coaches, teammates, officials, or opponents
- Profanity, abusive language, or inappropriate gestures
- Unsportsmanlike conduct
- Destruction of property
- Dishonesty or theft
- Social media behavior that harms the reputation of teammates, coaches, or the club

Consequences

Violations of this Code of Conduct may result in a verbal warning, parent meeting, temporary suspension from practices or games, reduced participation opportunities, removal from team activities, or dismissal from the club without refund in severe situations. The goal of discipline is to teach responsibility, accountability, and personal growth.

Player Acknowledgement

I understand that being a member of Impact Basketball Club is a privilege. I agree to follow this Player Code of Conduct and contribute positively to my team and club.

Player Name: _____

Player Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____